

¿EL CONTROL PERCIBIDO NOS AYUDA A SENTIRNOS MÁS EFICACES Y A INVOLUCRARNOS MÁS EN ROLES OCUPACIONALES? Control percibido e implicación en roles en estudiantes de Terapia Ocupacional

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Introduction: Within the Human Occupation Model (MOHO), one of the dimensions related to personal causation is self efficacy, defined as the way we use our capacities in order to impact the development of our live. With the purpose of specifying this contribution to occupational roles, we resort to Social Psychology. Within this discipline there are similar concepts which identify the perception of results as contingent or not with our behaviours. These so-called constructs are the internal and external locus of control respectively. Another related concept is the "sense of control", which is defined as the extent in which one thinks his/her own results are the consequence of his/her behaviours.

Aims: To test the relationship between the locus of control and the sense of control and the involvement in different roles.

Method: Sample: occupational therapy students from Granada University and Terrasa University. Tool: Questionnaire with two scales which includes the evaluation of locus of control and the sense of control and with questions about the involvement in 10 roles (From List of Roles).

Preliminar Results: Correlational analyses show a significant relationship between internal locus of control and sense of control and the average of self-efficacy in different roles as housewife, family member, couple, and amateur. As well, the results indicate that there exist a relationship between sense of control and the number of roles that the participants carry out.

Conclusions: It seems that there is a relationship between internal locus of control and the experimented sense of control of the students and their involvement in different roles.

Contribution to the Occupational Therapy field: From MOHO, it is suggested the need of deep on the concept self-efficacy because it could be affected at the beginning of the acquisition of a disability. In our opinion, the locus of control and the sense of control specify the self-efficacy concept, and they offer us a chance to be more specific in evaluating the personal causation.