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**Where have we come from? Where are we going?**

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The following poster will describe how the South London & Maudsley NHS Foundation Trust is an organisation with a history that dates back to the foundation of the Bethlem Royal Hospital in 1247, one of the oldest psychiatric hospital in the world. It has had a long and interesting journey to now be part of an Academic Health Sciences Centre - King Health Partners - promoting health in mind and body by linking research, clinical services, teaching and training.

The objective of this poster is to map some of that journey for occupational therapy in this mental health organisation.

The poster will use the use of words to show how practice and thinking has changed over the centuries. This will help us to consider what is still in essence valued and relevant to occupational therapy practice today. It will also acknowledge what we are doing differently in times of progress in order to be more service user focussed, recovery oriented and socially inclusive.

In conclusion, it is exciting times for occupational therapy with many saying occupational therapy is coming into its own as a driving force in modern mental health practice. The occupational therapy service at the South London & Maudsley believe we are ensuring that statement is real with excellence in clinical care, professional development, specialist service provision, education and research. We have come a long way and we are heading in the right direction to a sustainable and healthy future.

This poster will contribute to the practice of occupational therapy by giving a historical perspective of a mental health Trust and showing how occupational therapy has grown and changed with the times but still maintained its core to see us long into the future.