Sharing a world of occupational enablement: Positioning occupational therapy for leadership

Janet Craik¹, Helene Polatajko², <u>Elizabeth Townsend</u>³

¹Canadian Association of Occupational Therapy, Ottawa ON, Canada, ²University of Toronto, Toronto ON, Canada, ³Dalhousie University, Halifax NS, Canada

Introduction: In 2007, the Canadian Association of Occupational Therapists launched its latest set of guidelines for occupational therapy entitled, "Enabling Occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation". These guidelines present occupational therapy's emerging language and models promoting evidence-based, occupation-based practice that emphasizes client-centered enablement with communities and populations as well as with individuals and families.

Objectives: To engage participants in a dialogue on leadership to advance the profession around the world in for four strategic directions: 1. escalate scholarship in practice, 2. discover how to frame accountability, 3. increase financial and policy support, and 4. drastically expand the occupational therapy workforce.

Description/Discussion: Propose and critique leadership strategies that use occupational therapy language and models strategically to improve access to occupational therapy worldwide and to consider how occupational therapists best contribute to diverse societies.

Conclusion: Occupational therapists hold beliefs, values, knowledge and skills to make important contributions to society toward a vision of health, well-being and justice through occupation. It is time to develop leadership strategies for this profession to seize the day and transform practice to serve diverse societies around the world.

Contribution to the practice: Energize occupational therapists with strategic ideas for making enabling occupation and an occupational perspective of health, well-being and justice through occupation more visible and better supported in systems and society.