

### **Educacion para la vida: una oportunidad de Integración**

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22 youth and adults, men and women, with intellectual and / or psychological disabilities, participate at a work instance at the Consejo Comunal de la Discapacidad de Ñuñoa. They have a number of difficulties in social integration and community, express difficulties in their practical intelligence and the co-existence of attitudinal barriers, physical as well as health conditions and the perceived limitations of each one. These are expressed in poor skills for life, as reflected in relative autonomy to manage their own lives, limited social contacts, lack of leisure activities, including skills for participation in community spaces close to home and / or workplace, among other things, limiting their social participation.

It was raised 40% improvement in social skills and community of users, based on an initial diagnosis in the areas of autonomy, personal and social development through a plan of social and community integration.

It was implemented a Life Education Program, including the workshops for personal and social development. This was combined with participation in community activities. This strategy was selected responding to concerns from own users, in order to get better tools to improve their level of participation in its social context, as a way to support and enhance their job skills and personal. The personal development workshop was focused on social skills training and practical intelligence, coordinating a network of local media and from the job place, as a relevant body within their community. This initiative included coordination activities with municipal government and residents, which allowed users to become part of them.

It was performed an initial call and a participatory diagnosis. Implemented an initial assessment of skills, and final, whose contents were used to make a video of educational material to be applied to the young people themselves. There is also a register of community activities, which formed part of the existing community network to which several of them were admitted.