

Workshops: there is a model for psychosocial rehabilitation? Talleres de Trabajo: existe un modelo para la rehabilitación psicosocial?

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INTRODUCTION: The alternative services to the psychiatric hospital include workshops and/or cooperative work whose aims are geared towards the psychosocial rehabilitation of individuals who came from the psychiatric deinstitutionalization. At the countryside of São Paulo State, Brazil, there is a mental health service, called "Núcleo de Oficinas e Trabalho" (NOT), which has 12 distinct workshops. **OBJECTIVES:** The aim was to identify the constitutional history, the structural and operational dynamics of these workshops of this mental health service, and also assess the possibility of the existence of functioning models of the workshops and a role for Occupational Therapy. **METHOD:** This is a field study within a qualitative-quantitative approach. A semi structured questionnaire was used with 11 health professionals, their coordinators and also social workers, nurses, nutritionists, psychologists and occupational therapists. The qualitative data was analyzed using the SSPS and SPHINX softwares and promoted the understanding of the consequences of the social and historical process experience by the groups of professionals and users. **RESULTS:** Most of the workshops are coordinated by occupational therapists (33,3%) and social workers (33,3%). The coordinators have clinical expertise (50%) and training related to the entrepreneurship (50%). The workshops which led the "NOT" were addressed by occupational therapists. Economically, the workshops cannot support themselves without the support of the Government. The predominant clinical persons in the workshops are psychotics (58%) and alcohol and drug dependants (33,3%). Related to the wages users, 58,3% of the workshops are self sustaining. For 75% of the coordinators, the clinical symptoms are stable, even if 91,7% of the workshops are relapse. They also consider that the workshops have a high degree (58%) and average degree (41,7%) of efficiency to achieve the psychosocial rehabilitation of users. **CONCLUSION:** There is no universal model for the workshops. There are many variables, such as public funds, community support, users, quality training of professionals and physical infrastructure and management, including the work of therapy and production emphasizing the training of occupational therapists.